

What is AshiSlim?

AshiSlim is a new revolutionary Japanese formula that targets belly fat or visceral fat, the fat that surrounds your important internal organs. Losing weight has never been easier with this natural weight loss supplement which allows you to lose unwanted pounds easily and safely.

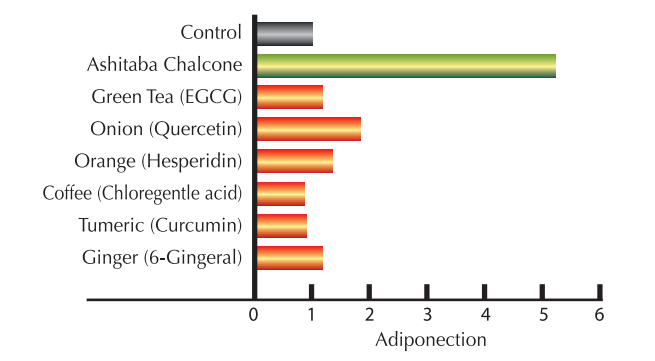
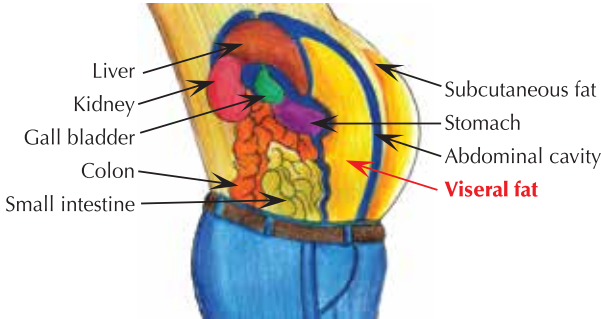
No need for exercise and strict diets!

AshiSlim is the ideal solution for busy lifestyle!



What’s visceral fat?

It is the most dangerous fat in your body that lies deep within your abdomen, beneath the skin, behind the subcutaneous fat. The more you weigh, the more visceral fat you are likely to have. Visceral fat occupies prime real estate within your abdomen, surrounds important internal organs such as the liver, pancreas, stomach and intestines and churns out dozens of deadly chemicals and hormones that interfere with the healthy functioning of your liver, heart, pancreas, blood vessels, muscle cells and even the brain. These compounds raise levels of chronic inflammation in your body and may lead to insulin resistance - the glitch that leads to Metabolic Syndrome, a dangerous condition in which high blood pressure, high cholesterol and obesity combine to increase greatly the risk of someone developing type 2 diabetes or cardiovascular disease. Visceral fat is directly linked with higher total cholesterol and LDL (bad) cholesterol, lower HDL (good) cholesterol, and insulin resistance.



Ashitaba - Tomorrow Leaf

The secret to our formula is a little known Japanese plant called Ashitaba. Ashitaba means “Tomorrow Leaf” in Japanese. Its vital life force is so strong that it is believed to grow new leaf tomorrow if you were to pick one of its leaves today. Ashitaba grows naturally on a remote Japanese island in the southern part of the Pacific Ocean. For hundreds of years, local residents have been consuming this plant for food and medicine.

Traditionally, it has been used for many things including cardiovascular health, and menopause. The power from Ashitaba comes from 2 unique chalcones- xanthoangelol and 4-hydroxyderricin. Science has shown that these two compounds help to increase Adiponectin production in our bodies.

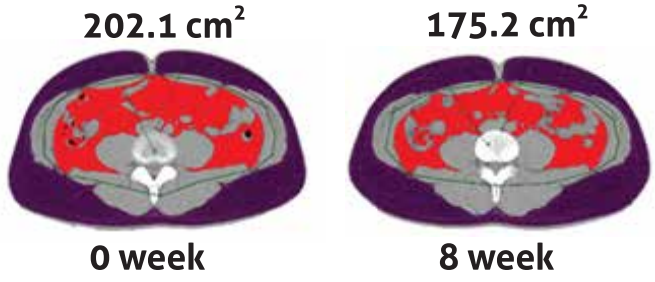
What is Adiponectin?

Adiponectin is a special hormone that plays a crucial role in regulating blood glucose levels and fatty acid breakdown. When people become fat, the production of adiponectin slows down or shutdown, setting them up for disease. High levels of adiponectin in the blood are associated with a reduced risk of heart attack. Adiponectin also has an anti-inflammatory effect on the cells lining walls of blood vessels. When adiponectin levels are low, your body can accumulate unhealthy fat, and insulin resistance may take place. People with low levels of adiponectin are obese and are at increased risk of cardiovascular disease. You Need Adiponectin to lose weight and the best source of adiponectin is Ashitaba!

Ashitaba Chalcone Helps to Reduce Fat

When you cut Ashitaba’s leaf or stem, you will see a sticky yellow sap. This yellow sap is unique to Ashitaba and cannot be found in other umbelliferae plants. This yellow sap in very precious as only a few milligrams can be collected at once from the cut surface of the stem.

Ashitaba polyphenol is concentrated in the yellow sap and its main component is more than 10 types of “Chalcone”. Japan Bio Science Lab (JBSL) announce in 2010 that their Ashitaba Chalcone has been found as an effective natural tool for fat reduction. Their research and human clinical study have confirmed that Ashitaba Chalcones is effective in reducing belly fat or visceral fat through a 8 week program.



Ashitaba Chalcone is Natural and Effective

An 8 week clinical study was conducted by Dr. Mitsuhiro Ohta, Professor of Medical Biochemistry at Kobe Pharmaceutical University and Dr. Hiroshi Ogawa, Professor of Human Sciences at Tezukayamagakuin University on healthy adults using a randomized, placebo-controlled and double blind study. One group administered the Ashitaba Chalcone Powder, and another group administered the placebo after dinner every day for 8 weeks.

The results were stunning. The participants lost belly fat, their weight dropped and there was a reduction in BMI, and body fat percentage. A CT scan was done confirming the reduction of belly fat. In 8 weeks, the fatty area shrunk significantly.

FREQUENTLY ASKED QUESTIONS:

1: How can I tell if I have too much visceral fat?

The most certain way to tell if you are storing excess visceral fat is to undergo an MRI scan (Magnetic Resonance Imaging scan). However, MRI scans are not a cheap procedure and is therefore not recommended as a diagnosis tool. A relatively good indicator of visceral fat is to take a waistline measurement. Harvard University note around 10% of our total fat is likely to be stored as visceral fat, therefore if you are carrying higher amounts of body fat than is recommended, it is therefore more likely that you are also storing more visceral fat than is healthy. Research has shown that the size of our belly is a relatively reliable indicator of the health risks linked to visceral fat.

2: How do you know if you have abdominal obesity?

According to the International Diabetes Federation, if you waist circumference is > 90cm for men; or > 80cm for women.

3: Who is suitable for taking AshiSlim?

It is almost suitable for everyone who wish to lose weight belly fat. It is also suitable for everyone who wish to avoid the prevalence of Metabolic Syndrome.

4: How long will I be able to see result?

Most people will see good result after taking AshiSlim for 8 weeks.

5: Do I need to go on diet do vigorous exercises when taking AshiSlim?

No need for exercise and strict diets!

6: Why is AshiSlim so unique?

Unlike some slimming products which make you feel unhealthy after slimming, AshiSlim is truly a healthy slimming product.

